

## IGNOU REGIONAL CENTER BHUBANESWAR

DECE-002 COUNSELLING SCHEDULE (SWAYAM PRABHA)
DD SWAYAM PRABHA CHANNEL; Time 01:30 PM to 02:30 PM

SUBSCRIBE:"coelive" CHANNEL FOR YOUTUBE LIVE

SI	Date	Course	Block	Theme of the Session	Resource Person
No		Code			
1	01-Oct-2025	DECE-002	BLOK-1	The Concept of Nutrition and The Concept of Health (UNIT-1 and	Ritanjali Pradhan
	/			UNIT-2)	a a
2	03-Oct-2025	DECE-002	BLOK-1	Indicators of Health and The Macronutrients-I: Carbohydrates and	Ritanjali Pradhan
			and BLOK-2	Water (UNIT-3 and UNIT-4)	
3	6-Oct-2025	DECE-002	BLOK-2	The Macronutrients-II: Proteins and Fats and The Micronutrients-I:	Ritanjali Pradhan
				Vitamins (UNIT-5 and UNIT-6)	
4	7-Oct-2025	DECE-002	BLOK-2	The Micronutrients-II: Minerals (UNIT-7)	Ritanjali Pradhan
5	8-Oct-2025	DECE-002	BLOK-2	Planning Balanced Diets (UNIT-8)	Ritanjali Pradhan
6	9-Oct-2025	DECE-002	BLOK-3	Meal Planning for Pregnant and Lactating Women (UNIT-9)	Ritanjali Pradhan
7	10-Oct-2025	DECE-002	BLOK-3	Health Care during Pregnancy (UNIT-10)	Ritanjali Pradhan
8	13-Oct-2025	DECE-002	BLOK-3	Health Care during Intranatal and Postnatal Periods (UNIT-11)	Ritanjali Pradhan
9	14-Oct-2025	DECE-002	BLOK-4	Nutrition during Infancy (UNIT-12)	Ritanjali Pradhan
10	15-Oct-2025	DECE-002	BLOK-4	Nutrition during Early Childhood (UNIT-13)	Ritanjali Pradhan
11	16-Oct-2025	DECE-002	BLOK-4	Health Care of the Child (UNIT-14)	Ritanjali Pradhan
12	17-Oct-2025	DECE-002	BLOCK-5	Major Deficiency Diseases-I: PEM and Xerophthalmia and Major	SushreeTapaswaini Das
601				Deficiency Diseases-II: Anaemia and Iodine Deficiency Disorders	
				(UNIT-15 and UNIT-16)	

13	21-Oct-2025	DECE-002	BLOCK-5	Other Nutritional Disorders and Major Nutrition Programmes for	SushreeTapaswaini Das G
3			and LOCK-6	Mother and Child (UNIT-17 and UNIT-18)	FE C
14	22-Oct-2025	DECE-002	BLOCK-6	Major Health Programmes for Mother and Child and Assessment of Nutritional Status (UNIT-19 and UNIT-20)	SushreeTapaswaini Das
15.	23-Oct-2025	DECE-002	BLOCK-7	Caring for the Sick Child (UNIT-21)	SushreeTapaswaini Das
16	24-Oct-2025	DECE-002	BLOCK-7	Caring for the Sick Child (UNIT-21)	SushreeTapaswaini Das
17	27-Oct-2025	DECE-002	BLOCK-7	Some Disorders of the Respiratory System (UNIT-23)	SushreeTapaswaini Das
18	28-Oct-2025	DECE-002	BLOCK-7 and BLOK-8	Some Disorders of the Alimentary System and Some Infections of the Mouth and Throat (UNIT-22 and UNIT-24)	SushreeTapaswaini Das
19	29-Oct-2025	DECE-002	BLOK-8	Common Infections of the Skin and Common Problems of the Ears (UNIT-25 and UNIT-26)	SushreeTapaswaini Das
20	30-Oct-2025	DECE-002	BLOK-8	Common Problems of the Eyes (UNIT-27)	SushreeTapaswaini Das
21	31-Oct-2025	DECE-002	BLOK-8	Fevers and Saftey and First Aid (UNIT-28 and UNIT-29)	SushreeTapaswaini Das
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REGIONAL DIRECTOR
डॉ. हम.कं.दाशी DD MCK. Dash
वरिष्ठ क्षेत्रीय निदेशक / SR. REGIONAL DIRECTOR
ई.का.रा.मृ.वि. क्षेत्रीय केन्द्र / IGNOU Regional Centre
सी-१,इन्टीच्युशनल एरिआ / C-1, Institutional Area
भुवनश्वर / Bhubaneswar-751013